

Mora Family Dentistry



Celebrating over **30** years of quality & friendly dental service!

Care after Fillings

- 1) **Avoid chewing on sticky substances** for 24-48 hours (e.g. chewing gum)
- 2) **If receiving tooth-colored fillings**, try to avoid food or drink that may leave a stain for 24-48 hours (e.g. marinara sauce, coke, coffee – may opt to use a straw)
- 3) **Sometimes after a filling is placed**, it may feel “off ” or sensitive to cold or chewing. This may indicate a high spot along the surface that can be easily polished off. Give us a call within the week you notice the discomfort so we can adjust the filling accordingly at no additional charge.
- 4) **If decay is near the nerve of tooth**, there is always a chance that it may progress if the tooth is not treated immediately or if a re-infection occurs. Symptoms of such infection may include lingering pain (more than 5 minutes), discomfort in chewing, or temperature-sensitive teeth. This may require additional dental treatment, which may include a root canal.

www.MORADENTISTRY.com

Fairfield Office

1402 Pennsylvania Ave
Fairfield, CA 94533

Phone: (707) 425-6216 Fax: (707) 425-6216

Hercules Office

500 Alfred Nobel Drive, Suite 180
Hercules, CA 94547

Phone: (510) 724-3119 Fax: (510) 724-3052

After Hours: (707) 410-061